

## HOT

### ESPRESSO + MILK

4OZ 3.

8OZ 3.5

\*HOUSEMADE SYRUP +1.

### HOUSE LATTE

ESPRESSO  
STEAMED MILK

(12OZ) 4.25

(16OZ) 5.25

\*HOUSEMADE SYRUP +1.

### BLACK COFFEE

DOUBLE SHOT ESPRESSO  
2.5

### AMERICANO

(12OZ) 3.

“JUST REGULAR COFFEE”

(12OZ) 2.5

(16OZ) 3.5

### \*HOUSEMADE SYRUPS

MADAGASCAR VANILLA  
BLACK SALT MOCHA  
ROSEMARY AGAVE  
CINNAMON HONEY

\*ASK ABOUT SEASONAL

## COLD

### COLD BREW COFFEE

ORGANIC COLD BREW  
MILK

(16OZ) 4.

HOUSEMADE SYRUP +1.

### NITRO COFFEE

NITROGEN INFUSED  
ORGANIC COLD BREW

(12OZ) 5.

### ICED LATTE

ESPRESSO  
MILK

(16OZ) 5.

HOUSEMADE SYRUP +1.

### COFFEE MILKSHAKE

ORGANIC COFFEE  
ICE CREAM

CACAO NIBS

BLACK SEA SALT

8.

### ADD NOLI SOUTH CBD

TO ANY  
MENU ITEM

+3.



## MENU

7220 THOMAS DRIVE  
PANAMA CITY BEACH  
FLORIDA 32408

850.866.1471  
LIMITED CALL-IN SERVICE

PRICES SUBJECT TO CHANGE

PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN OR HAVE COME IN CONTACT WITH THESE ALLERGENS -

DAIRY, EGGS, WHEAT, GLUTEN, SOY, SESAME, PEANUTS AND TREE NUTS



# SUPER FOODS

## OVERNIGHT OATS

CASHEW MILK  
ORGANIC OATS  
CHIA SEED  
VANILLA  
GRANOLA  
ALMOND BUTTER  
AGAVE NECTAR  
BLUEBERRY  
BLACK SALT  
WALNUT  
8.

## GRANOLA CEREAL

CASHEW MILK  
GOJI BERRY  
ORGANIC OATS  
CHIA SEED  
FLAX SEED  
HEMP SEED  
SUNFLOWER SEED  
PUMPKIN SEED  
MAPLE SYRUP  
VANILLA  
WALNUT  
ALMOND  
CASHEW  
6.

## AVOCADO TOAST

ROSEMARY OLIVE OIL  
BLACK SALT  
CHIPOTLE FLAKES  
7.  
LOADED +2.

## CASHEW BUTTER TOAST

STRAWBERRY  
AGAVE NECTAR  
HEMP SEEDS  
6

## ALMOND BUTTER TOAST

BLUEBERRY  
HONEY  
BEE POLLEN  
6.

## PEANUT BUTTER TOAST

BANANA  
HONEY  
CHIA SEED  
5.

# SMOOTHIES + BOWLS

\*BOWLS ARE TOPPED W/ GRANOLA, FRESH FRUITS, NUTS AND/OR SEEDS AND A FEW HAVE NUT BUTTER

**THE ACAI**  
FILTERED WATER  
RAW ACAI  
BANANA  
BLUEBERRY  
STRAWBERRY  
AGAVE NECTAR  
7/10

**GREENS**  
NUT MILK  
BANANA  
MANGO  
KALE  
HEMP PROTEIN  
HEMP SEED  
PUMPKIN SEED  
AGAVE NECTAR  
8/11

**BEE'S KNEES**  
NUT MILK  
PEANUT BUTTER  
BANANA  
CHIA SEED  
PEANUT  
HONEY  
BEE POLLEN  
8/11

**ENERGIZER**  
NUT MILK  
BANANA  
PLANT PROTEIN  
CACAO NIB  
CHIA SEED  
ALMOND  
ALMOND BUTTER  
9/12

**UNDERTOW**  
ORGANIC COFFEE  
NUT MILK  
ALMOND BUTTER  
STRAWBERRY  
BANANA  
FLAX SEED  
CACAO NIB  
AGAVE NECTAR  
8/11

**BOOCH**  
NOLI SOUTH KOMBUCHA  
BLUEBERRY  
STRAWBERRY  
CHIA SEED  
AGAVE NECTAR  
7/10

**THE ANTI-BAD VIBE**  
HEMP MYLK  
20ML CBD  
BANANA  
HEMP SEED  
HEMP PROTEIN  
ALMOND BUTTER  
WHEATGRASS  
11/14

**HEALTHNUT**  
NUT MILK  
BANANA  
WALNUTS  
HEMP SEED  
PUMPKIN SEED  
TURMERIC PROTEIN  
ALMOND BUTTER  
10/13